

GUIDELINES FOR SELECTING YOUR CONFIRMATION SPONSOR

- 1. Sponsor must be an active practicing Catholic who has completed all the Sacraments of Initiation (Baptism, Holy Eucharist and Confirmation) and be of at least 16 years of age. They must be able to obtain a sponsor certificate from their Catholic parish.**
- 2. Should be a person that you admire because of their moral, ethical and spiritual commitment.**
- 3. Should be a person that you can talk to about your faith decisions, especially about Confirmation.**
- 4. Should be able to attend the celebration if at all possible.**
- 5. Parents are not encouraged to be sponsors, much like the conditions for Baptism. Godparents are recommended since Confirmation is the affirmation of our Baptism. However, the above considerations are as equally important and another family member/family friend/faith community member may be your choice on this journey.**
- 6. Gender does not make a difference in selecting sponsors. Boys may have women and girls may have men if they so chose.**
- 7. All candidates need to invite their sponsor personally and share with them why you chose them! This is not the parent's responsibility.**
- 8. Most importantly, take time and pray about your choice and ask the Holy Spirit for guidance and inspiration during this two-year process!**

